

CERTIFIED

RLT Relational Coach

Awarded by the **Relational Life Institute (RLI)** to:

Johanna Engstrom

for successfully completing 125+ hours of training in
Relational Life Therapy and passing a Case Review of their work.

03/18/2026

Date of Certification



Terry Real
Creator of RLT



Relational Life
Institute



Desirae Ysasi
Director of Training